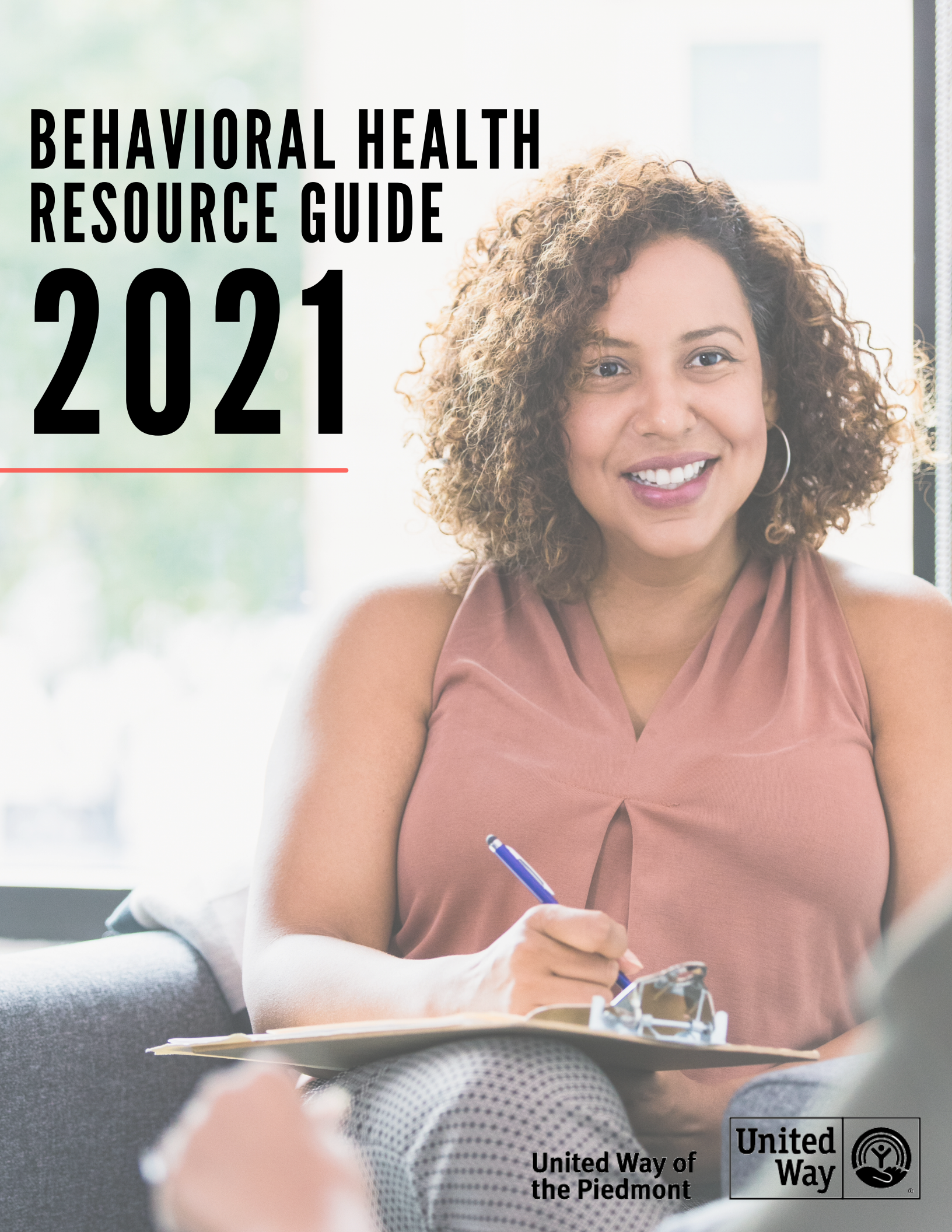


BEHAVIORAL HEALTH RESOURCE GUIDE 2021



United Way of
the Piedmont



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COVID-19 Disclaimer

Due to COVID-19, many services have been modified. Please directly contact the resource to verify their services and availability.

*Child centered services available

†Domestic violence/sexual assault services available

^Psychiatric services available

CRISIS NUMBERS

If you or someone you know is struggling emotionally, is in crisis, or needs someone to talk to, please reach out and get support:

Crisis Text Line: Text HOME to 741741

Disaster Distress Helpline: 1-800-985-5990

Julie Valentine Center Crisis Hotline (Sexual Assault and Abuse Support): 1-864-331-0560

Love Is Respect (Domestic Violence Support): 1-866-331-9474 or text “loveis” to 22522

Mental Health America of Greenville County Crisis Line: 864-271-8888

National Domestic Violence Hotline: 1-800-799-7233

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
TTY: Dial 711 then 1-800-273-8255

Safe Harbor Domestic Violence Hotline: 1-800-291-2139

SAFE Homes Rape-Crisis Coalition: 1-800-273-5066

South Carolina Crisis Hotline: 1-833-364-2274

CRISIS NUMBERS

South Carolina Department of Mental Health Deaf Services:

deafhotline@scdmh.org

TTY hotline: 800-647-2066

Videophone: 803-339-3339

Spanish Language National Suicide Prevention Lifeline: 1-888-628-9454

Substance Abuse Helpline: 1-855-907-2953

Substance Abuse and Mental Health Services Administration National Helpline: 1-800-662-4357

Trevor Helpline (LGBTQ): 1-866-488-7386

Trans Lifeline: 1-877-565-8860

Veterans Crisis Line: call 1-800-273-8255 and Press 1

CHEROKEE COUNTY

REHABILITATION

Cherokee County Commission on Alcohol and Drug Abuse

Provides adult and adolescent counseling and support services for substance use/abuse.

210 West Montgomery Street, Gaffney, SC 29341

Phone: (864) 487-2721

Web: cherokeerecovery.com

Payment: accepts Medicaid

Clear Skye Treatment Centers

Provides comprehensive treatment services to assist individuals dealing with opiate addiction.

104 Willis Plaza, Gaffney, SC 29341

Phone: 1-800-792-9030

Web: clearskyetreatmentcenters.com

SUPPORT SERVICES

Mental Health America-Cherokee County

Provides advocacy and education about mental illness as well as customized training programs and some support services.

126 Foxfire Drive, Gaffney, SC 29340

Email: clifmartha@aol.com

^ ReGenesis Community Health Center

Provides quality health care to the community. Offers diagnosis and treatment for depression, anxiety, schizophrenia, bipolar disorder, eating disorders, addiction, and more.

1604 N. Limestone Street, Gaffney, SC 29340

Phone: (864) 582-2411

Web: www.myrhc.org

Payment: accepts Medicaid, offers a sliding scale

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

364 Huntington Road, Gaffney, SC 29341

Phone: (864) 489-3306

Web: www.scvrd.net

THERAPY

*** ^ Cherokee Mental Health Center**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

125 East Robinson Street, Gaffney, SC 29340

Phone: (864) 487-2710

24-Hour Emergency On-Call Services: 1(800) 277-1366

Website: sparmhc.org

Deaf/Hard of Hearing after-hours contact: deafhotline@scdmh.org

Payment: accepts Medicaid, offers a sliding scale

Outside of the Box Therapy

Offers individual and couples therapy for grief, trauma, caregiver support.
Provides parenting and anger management classes.

115 E Montgomery Street #864, Gaffney, SC 29340

Phone (864) 597-9493

Web: outsideoftheboxtherapy.com

Payment: accepts Medicaid, offers a sliding scale

***† SAFE Homes**

Provides services to victims of sexual assault and domestic violence. Offers crisis counseling and individual and family psychotherapy.

1612 North Limestone Street, Gaffney, SC 29341

Phone: (864) 583-9803

24-Hour Hotline: 1-864-583-9803 or 1-800-273-5066

Email: shrcc@aol.com

Web: www.shrcc.org

GREENVILLE COUNTY

REHABILITATION

^ A New Crossroad

Treats addiction through Medication Assisted Treatment for recovery from opioids and other drugs. Also provides individual and group therapy.

206 Wall Street, Piedmont, SC 29673

Phone: (864) 295-1280

Web: www.anewcrossroad.com

^ Crossroads Treatment Center of Greenville

Provides outpatient rehabilitation for opiate addiction.

157 Brozzini Court, Suite A, Greenville, SC 29615

Phone: (800) 805-6989

Web: crossroadstreatmentcenters.com

Payment: accepts Medicaid

FAVOR Greenville

Offers addiction recovery coaching services and peer support groups.

355 Woodruff Road, Suite 303. Greenville, SC 29607

Phone: (864) 385-7757

24/7 Helpline: (864) 430-1802

Email: info@favorgreenville.org

Web: www.favorgreenville.org

Payment: does not charge for services or bill insurance companies

^ Greenville Metro Treatment Center

Provides opioid addiction treatment and recovery services including medically supervised withdrawal, Medication Assisted Treatment, and counseling.

602 Airport Road, Suite C, Greenville, SC 29607

Phone: (864) 234-7952

Hope for Families Recovery Center

Provides adolescents, adults, and families treatment for alcohol and drug abuse.

136 Milestone Way, Greenville, SC 29615

Phone: (864) 906-2395

Email: appointments@hffrc.com

Web: hopeforfamiliesrecoverycenter.com

Miracle Hill Overcomers Center

Offers a 27-week Christian-based addiction recovery program for men.

1916 North Pleasantburg Drive, Greenville SC 29609

Phone: 864-631-0088

Web: www.miraclehill.org/how-we-help/addiction-recovery/overcomers-program/

Miracle Hill Renewal Center

Offers a 6-month Christian-based addiction recovery program for women.

19 Graves Drive, Greenville, SC 29609

Phone: 864-242-2166

Web: www.miraclehill.org/how-we-help/addiction-recovery/miracle-hill-renewal-program/

^ Pavillon Greenville Outpatient Services

Offers outpatient treatment for adults with substance use disorders and any co-occurring disorders.

1011 E. Washington Street, Greenville, SC 29601

Phone: (864) 241-6688

Web: www.pavillon.org/iop.php

Solutions Recovery Center

Offers sober living and outpatient services for adults with substance abuse disorders.

207 West Antrim Drive, Greenville, SC 29607

Phone: (864) 567-7010

Web: solutionsrecoverycenter.com

The Phoenix Center

Drug addiction treatment center providing inpatient and outpatient services for adults and adolescents, detoxification services for adults, and a program for children who live in substance abusing families.

1400 Cleveland Street, Greenville, SC 29607

Phone: 864-467-3790

Help Line: 864-467-4747

Web: www.phoenixcenter.org

Turning Point of South Carolina

Offers residential programs for healing from addiction.

24 Bruce Road, Greenville, SC 29605

Phone: 864-299-0090

Web: www.turningpointofsc.org

SUPPORT SERVICES

Alzheimer's Association

Provides advocacy, education, and support for people living with Alzheimer's and for all of those impacted by Alzheimer's, including caregivers.

123 Antrim Drive, Greenville, SC 29607

Phone: (864) 250-0029

24-Hour Helpline: (800) 272-3900

Web: www.alz.org/sc

Gateway

Provides employment services, housing, and a day program for individuals with persistent mental illness.

423 Croft Street, Greenville, SC 29609

Phone: (864) 242-9193

Web: www.gateway-sc.org

Payment: accepts Medicaid

McKinney House

Specialized housing for deaf individuals with mental illness who are clients with the Department of Mental Health.

307 Miller Road, Mauldin, SC 29662

Phone: (864) 297-5044

Web: www.mhagc.org/mckinney-house.php

Mental Health America of Greenville County

Provides advocacy and education about mental illness as well as customized training programs and some support services.

429 North Main Street, Suite 2, Greenville, SC 29601

CRISISline: (864) 271-8888

Phone: (864) 467-3344

Email: mhagc@mhagc.org

Web: www.mhagc.org

NAMI Greenville

Provides free education, support groups, and advocacy to people with a mental illness and their families.

2303 East North Street, Suite L, Greenville, SC 29607

Phone: (864) 331-3300

Email: info@namigreenillesc.org

Web: www.namigreenillesc.org

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

105 Parkins Mill Road, Greenville, SC 29607

Phone: (864) 297-3066

Web: www.scvrd.net

Upstate Warrior Solution

Serving Veterans, Military members, First Responders, and their Families.

3 Caledon Court, Suite A-2, Greenville, SC 29615

Phone: (864) 520-2073

Email: info@upstatewarriorsolution.org

Web: upstatewarriorsolution.org

THERAPY

An Inner View Counseling & Consult Services, LLC

Offers counseling to adolescents, adults, couples, and families, specializing in anxiety, stress, and depression.

3114 Highway 153, Suite G, Piedmont, SC 29673

Phone: (864) 343-8734

Payment: offers a sliding scale

Associates at Park Avenue

Offers coaching, psychological evaluations, relationship counseling, and psychotherapy and counseling for a range of mental health concerns.

101 East Park Avenue, Greenville, SC 29601

Phone: (864) 271-2740

Email: associatesatparkavenue@gmail.com

Web: associatesatparkavenue.net

B. McDonald Therapy, LLC

Provides individual therapy for adolescents and adults. Offers DBT, CBT, Exposure & Response Prevention Therapy, Acceptance & Commitment Therapy, and Comprehensive Behavioral Therapy.

37 Villa Road, Suite 206, Greenville, SC 29615

Phone: (864) 248-6012

Web: bmcdonaldtherapy.com

Email: info@bmcdonaldtherapy.com

***Bay Laurel Center for Psychotherapy**

Offers child, adolescent, adult, and family therapy, specializing in anxiety, depression, emotional and behavioral issues, life transitions, parenting, mood regulation, play therapy, trauma, abuse, neurodiversity, and ODD.

110 Manly Street, Greenville, SC 29601

Phone: (864) 298-8026

Web: baylaureltherapy.com

Bennefield & Associates, LLC

Michele Bennefield, PhD, LPC, LPCS

Offers child, adolescent, and adult therapy. Specializing in Cognitive Behavioral Therapy, trauma, depression, anxiety, among others.

400 D South Main Street, Mauldin, SC 29662

Phone: (864) 313-9032

Email: michelebennefield@gmail.com

Web: facebook.com/bennefieldandassociatesllc

Payment: accepts Medicaid

Blue Ridge Counseling Services, LLC

Offers counseling to adolescents and adults, specializing in alcohol/drug dependency, stress, PTSD, anger, childhood trauma, and EMDR.

1 Chick Springs Rd, Ste 216 C, Greenville, SC 29609

Phone: (864) 421-7777

Email: carolynn@blueridgecounseling.info

Web: blueridgecounseling.info

Browning Geriatric Consulting, LLC

Provides counseling specializing in aging, life changes, caregiver stress, adjustment, and family dynamics.

311 Mills Avenue, Greenville, SC 29605

Phone: (864) 233-5260

Email: administrator@browninggeriatric.com

Web: www.browninggeriatric.com

Canterbury Counseling Center

Provides pastoral counseling services.

7 Pettigru Street, Greenville, SC 29601

Phone: (864) 235-7501

Email: help@canterburycounseling.org Web: canterburycounseling.org

Payment: offers a sliding scale fee

***Carolina Center for Counseling & Behavioral Interventions, LLC**

Provides counseling for children, adolescents, adults, and families, specializing in depression, bipolar disorder, anxiety, PTSD, ADHD, and autism spectrum disorders.

421 South East Main Street, Suite 201, Simpsonville, SC 29681

Phone: (864) 963-4028

Web: www.cccbnet.net

Carolina Counseling and Consulting, LLC

Provides therapy services for children, adolescents, and adults.

10 West Pointe Boulevard, Mauldin, SC 29662

Phone: (864) 675-1350

Carolina Counseling Partners

Offers therapy for adolescents, adults, couples, and families, specializing in anxiety, depression, grief, trauma, ADHD, transitions, and relationships.

23 Buena Vista Way, Suite B, Greenville, SC 29615

Web: carolinacounselingpartners.com

Center for Sexual and Relational Health Counseling

Offers counseling for adolescents, adults, and couples, specializing in sex addiction, sexually compulsive behavior, infidelity, and relationships.

46 Parkway Commons Way, Greer, SC 29650

Phone: (864) 428-1993

Email: info@sexualrelationalcounseling.com

Web: sexualrelationalcounseling.com

Choices for Change Counseling, PC

Offers counseling for adolescents, adults, families, and groups, specializing in ODD, grief, anger, mood issues, and sexual abuse.

25 Woods Lake Road, Greenville, SC 29607

Phone: (864) 553-6741

Email: ronnie@choicesforchangecounseling.org

Web: choicesforchangecounseling.org

Payment: accepts Medicaid

Clear Path Family Therapy

Offers individual and couples therapy.

198 Roper Mountain Rd Ext., Suite C, Greenville, SC 29615

Phone: (864) 670-2070

Email: info@clearpaththerapyservices.com

Web: clearpaththerapyservices.com

***† Compass of Carolina**

Offers counseling for children, adults, adolescents, couples and families.

1100 Rutherford Road, Greenville, SC 29609

Phone: (864) 467-3434

Email: info@compassofcarolina.org

Web: www.compassofcarolina.org

Payment: offers a sliding scale

Crockett Assessment & Trauma Services

Offers therapy to adults, specializing in trauma, PTSD, depression, and traumatic brain injury.

Phone: (864) 501-5938

Web: drdenisecrockett.com

Clarify Counseling DBT

Offers Dialectical Behavior Therapy (DBT) for children, adolescents, and adults.

14 Manly Street, Greenville, SC 29601

Phone: (864) 634-4876

Web: www.clarifycounseling.com

^ Dana Wiley, MD, P.A.

Offers psychiatric and psychological services including nutrition, anxiety, depression, and suboxone therapy.

102 Commons Boulevard, Suite C, Piedmont, SC 29673

Phone: (864) 220-9115

Web: www.danawileymd.com

Debbie Plonkey, MS, LMFT

Provides individual, couples, and family therapy, specializing in anxiety, depression, IMAGO relationships, and addiction/recovery.

702 East Washington Street, Greenville, SC 29601

Phone: (864) 627-9968

Email: debbie@dplonkeytherapy.com

Web: www.dplonkeytherapy.com

***Deborah K. Leporowski, Psy.D., LLC**

Offers child, adolescent, and adult services, specializing in assessment, PTSD, diagnostic clarification, expert witness testimony, and CALOCAS.

124 Edinburgh Court, Suite 105, Greenville, SC 29607

Phone: (864) 752-7577

Web: www.drleporowski.com

***Eastside Family Therapy Associates**

Offers adolescent, adult, couples, and family counseling, specializing in grief, anxiety, depression, trauma, eating disorders, and relationships.

28 Parkway Commons Way, Greer, SC 29650

Phone: (864) 879-4388

Web: eastsidefamilytherapy.net

Evolve Psychotherapy, LLC

Provides services to individuals with eating disorders and disordered eating

216 Adley Way, Greenville, SC 29607

Phone: (864) 605-3545

Web: evolvepsychotherapy.net

*** EMERGE Family Therapy Center & Teaching Clinic**

Provides individual, couples, and family counseling for children, teens, and adults. Teletherapy offered.

225 S Pleasantburg Drive Suite D5, Greenville, SC 29607

Phone: (864) 565-7010

Web: www.emergeftc.org

Payment: offers a sliding scale

Family Alliance Counseling Services, LLC

Offers individual, couples, and family services for depression, anxiety, anger, trauma, and life transitions.

25 Woodslake Road, Suite 706, Greenville, SC 29607

Phone: (864) 238-0590

Web: www.familyalliancecs.com

Family Restoration Counseling Services, LLC

Offers individual, family, and group counseling specializing, in adoptions, foster care, anxiety, trauma, EMDR, and visual disability

110B Hospital Drive, Simpsonville, SC 29681

Phone: (864) 688-2618

Web: www.frcounseling.net

***† Forensic Counseling Associates, P.C.**

Works with children, adolescents, and adults, specializing in sexual abuse, anxiety, PTSD, ODD, and depression.

124 Edinburgh Court, Suite 105, Greenville, SC 29607

Phone: (864) 607-2833

Email: dmstabp@gmail.com

Web: www.forensiccounselingassociates.com

Payment: accepts Medicaid and offers a sliding scale

***^ Gateway Children's Mental Health Services**

Offers general practice for birth to 18.

248 Adley Way, Greenville, SC 29607

Phone: (864) 406-6041

Email: referrals@gatewaychildrens.com

Web: www.gatewaychildrens.com

Payment: accepts Medicaid

*** GIFT Counseling Center for Wellness, LLC**

Offers individual counseling services including play therapy, EMDR, and trauma-focused treatment.

119 Manly Street, Greenville, SC 29601

Phone: (864) 534-1224

Email: office@giftcounselingcenter.com

Web: www.giftcounselingcenter.com

Ginger Culbertson, MSW, LISW-CP

Offers counseling for children, adults, and adolescents, specializing in EMDR, trauma, relationships, anger, bipolar disorders, depression, and spirituality.

414 Pettigru Street, Suite E, Greenville, SC 29601

Phone: (864) 242-1807

Grace Jones Family Therapy, LLC

Offers individual, couples, and family therapy for anxiety, eating disorders, body image, coping skills, depression, self-esteem, and bipolar disorder.

28 Parkway Commons Way, Greer, SC 29650

Phone: (864) 990-5617

Email: info@gracejonesfamilytherapy.com

Web: gracejonesfamilytherapy.com

***^ Greater Greenville Mental Health Center**

Provides mental health services to children, adolescents, adults, and families, including psychotherapy and psychiatric care.

Greenville Office

124 Mallard St, Greenville, SC 29601

Phone: (864) 241-1040

Greer Office

220 Executive Drive, Greer, SC 29651

Phone: (864) 879-2111

Simpsonville Office

20 Powderhorn Road, Simpsonville, SC 29681

Phone: (864) 963-3421

Web: www.gretergreenvillemhc.com

^ Greenville ADHD Specialists, PA

Provides testing, individualized treatment plans, and medication management for ADHD.

211 East Butler Road, Suite C1, Mauldin, SC 29662

Phone: (864) 305-1662

Web: www.greenvilleadhd.com

Greenville Relationship Institute

Offers counseling to individuals and couples, specializing in Emotionally Focused Couples Therapy, relationship distress, and marriage enrichment.

212 Whitsett Street, Greenville, SC 29601

Phone: (864) 990-4442

Web: greenvillemarriagecounseling.com

Email: info@greenvillemarriagecounseling.com

Payment: offers a sliding scale

***Gregory S. Smith & Associates**

Offers counseling for children, adolescents, and adults for mental disorders, addiction, and trauma.

161 Landmark Drive, Taylors, SC 29687

Phone: (864) 244-0154

Web: gregorysmithcounseling.com

Payment: accepts Medicaid

***Greenville Counseling Associates**

Offers Christian adolescent, adult, couples, and family counseling, specializing in trauma, anxiety, depression, bipolar disorders, eating disorders, grief, and ADD/ADHD.

1627 East North Street, Greenville, SC 29607

4 Parkway Commons Way, Greer, SC 29650

Phone: (864) 877-7025

Web: www.greenvillecounseling.com

***^ Greenville Health System Department of Psychiatry and Behavioral Medicine**

Offers acute inpatient, intensive outpatient, and psychiatry outpatient care for children, adolescents, and adults.

701 Grove Road, Greenville, SC 29605

Phone: (864) 455-8988

Web: www.ghspsych.org

***^ Greenville Mental Health Center**

Offers services to adults, children, and families affected by serious mental illnesses and emotional disorders

124 Mallard Street, Greenville, SC 29601

Phone: (864) 241-1040

Web: greenvillementalhealth.com/

Payment: accepts Medicaid

***Halsey Counseling and Educational Center**

Provides psychoeducational evaluations for learning disabilities and ADD/ADHD, and provides individual, group, and family therapy.

1326 Haywood Road, Suite 101, Greenville, SC 29615

Phone: (864) 527-5910

Web: www.halseycounseling.com

***Happy Hooves**

Offers equine therapy for children and adults with special needs.

4700 Dacusville Highway, Marietta, SC 29661

Phone: (864) 898-0043

Email: happyhoovessc@aol.com

Web: www.happyhoovessc.com

^ Havenwood Behavioral Health

Offers inpatient adult behavioral health and substance use services.

1 Havenwood Lane, Suite A, Travelers Rest, SC 29690

Phone: (864) 660-6217

Web: www.havenwoodbehavioral.com

Hope & Healing Family Counseling, LLC

Offers individual, couples, and family counseling to adults and adolescents.

212 Whitsett Street, Greenville, SC 29601

Phone: (864) 430-5326

Web: www.hopeandhealingfc.com

Illuminate Upstate

Offers counseling for adolescents and adults, specializing in anxiety, depression, substances, eating disorders, self-harm, divorce, trauma.

101 East Park Avenue, Greenville, SC 29601

Phone: (864) 380-6889

Web: www.illuminateupstate.com

^ iTrust Wellness Group, LLC

Offers mental health services to all ages, specializing in addiction, grief, anxiety, depression, bipolar, PTSD, panic disorder, OCD, and schizophrenia

117 Commons Way, Greenville, SC 29611

Phone: (864) 520-2020

Email: appointments@itrustwellnessgroup.com

Web: www.itrustwellnessgroup.com

*** Joy D. Bennett, LISW-CP**

Specializes in therapy for children, adults, couples, and divorcing and blended families.

109 Laurens Road, Suite 4-D, Greenville, SC 29607

Phone: (864) 230-6300

Email: joy@joybennett.org

Web: www.joybennett.org

Judith Alexander, MSW

Provides individual, couples, and family counseling, specializing in depression, anxiety, trauma, work issues, grief, and spiritual issues.

315 Miller Road, Greenville, SC 29662

Phone: (864) 232-9922

Email: judithalexandermsw@gmail.com

Web: www.judithalexandermsw.com

Keystone Counseling and Consulting, LLC

Offers individual, marriage, and family therapy.

3443 Pelham Road, Suite 300, Greenville, SC 29615

Phone: (864) 297-5377

Web: www.keystonehw.com

Living Bread

Offers mental health and nutrition counseling for individuals with eating disorders.

25 Sweetbriar Rd, Suite A1, Greenville, SC 29615

Phone: (864) 660-9407

Web: www.livingbreadgreenville.org

Payment: offers a sliding scale

*** Margaret W. Lee, MEd, LPC**

Provides counseling for children, adolescents, and adults, specializing in ADHD, addiction, anxiety, depression, divorce, grief, and relationships.

412 Pettigru Street, Greenville, SC 29601

Phone: (864) 250-0229

Marley J. Wolf Counseling Services

Offers individual, couples, and family counseling, specializing in anxiety, depression, parenting, grief, career issues, stress, addiction, and conflict.

6 West Pointe Boulevard, Mauldin, SC 29662

Phone: (864) 360-4287

Email: info@marleyjwolfecounseling.com

Web: marleyjwolfecounseling.com

McCall Counseling and Therapy, LLC

Offers counseling for adolescents and adults, specializing in stress, anxiety, grief, substance use, and relationship issues.

508-A Pettigru Street, Greenville, SC 29601

Phone: (864) 270-9324

Melissa Panasko, LISW-CP

Offers counseling for adolescents and adults, specializing in grief, anxiety, depression, eating disorders, mood disorders, and relationships.

7C Cleveland Court, Greenville, SC 29607

Phone: (864) 270-2753

Web: www.melissapanasko.com

Meredith Manker, LPC, PA

Provides individual and couples counseling, specializing in depression, anxiety, grief, stress, work/career, addiction, anger, and elder care issues.

250 South Pleasantburg Drive, Greenville, SC 29607

Phone: (864) 630-6185

Web: www.meredithmanker.com

Email: meredithmanker@gmail.com

New Beginnings Palmetto

Provides counseling for individuals, couples, families, and groups, specializing in grief, military PTSD, career issues, stress, addiction, and conflict resolution.

216 Adley Way, Greenville, SC 29607

Phone: (864) 356-3184

Email: rosa@newbeginningspalmetto.com

Web: newbeginningspalmetto.com

Payment: offers a sliding scale

New Horizon Family Health Services

Offers individual counseling to adults, children, and teens.

975 West Faris Road, Greenville, SC 29605

Phone: (864) 729-8330

111-A Berry Avenue, Greer, SC 29651

Phone: (864) 801-2035

1588 Geer Highway, Travelers Rest, SC 29690

Phone: (864) 836-1109

Web: www.newhorizonfhs.org

Payment: accepts Medicaid, offers a sliding scale

† New Leaf Counseling, LLC

Clients 18+, specializes in marriage and family counseling, depression/anxiety, divorce, domestic violence, sexual assault, and addiction.

3443 Pelham Road, Suite 200, Greenville, SC 29615

Phone: (864) 612-3004

Email: newleafsc@aol.com

Web: newleafcounselingllc.com

North Main Counseling & Wellness

Offers counseling for clients 6+, couples, and families. Specializes in adjustment, emotional and behavioral problems, trauma/PTSD, and ADHD.

702 Pettigru Street, Greenville, SC 29601

Phone: (864) 232-2212

Email: info@northmaincounseling.com

Web: northmaincounseling.com

***Palmetto Family Works, LLC**

Provides individual, family, and group counseling, specializing in stress, play therapy, depression, anxiety, trauma, grief, career issues, and conflict resolution.

102 Renaissance Circle, Mauldin, SC 29662

Phone: (864) 538-6906

Web: palmettofamilyworks.com

Payment: accepts Medicaid, offers a sliding scale

Pam Amatucci, LISW-CP

Provides counseling to adults regarding mood, stress, anxiety, adjustment, grief, anger, ADHD, relationship issues, and trauma.

5 Center Street, Travelers Rest, SC 29690

Phone: (864) 832-0186 x4

Payment: offers a sliding scale

*** Pathways Counseling Center, LLC**

Offers counseling to clients 3+, families, and groups. Specializes in play therapy, ADHD, grief, chronic illness, anxiety, OCD, development disorder, and depression.

58 Parkway Commons Way, Greer, SC 29650

Phone: (864) 561-1133

Web: www.pathwaysofgreenville.com

Pettigru Counseling Associates

Offers psychotherapy to individuals, couples, families, and groups, specializing in depression, anxiety, stress, trauma, blended families, divorce, adoption, and relationships.

405 Pettigru Street, Greenville, SC 29601

Phone: (864) 271-3549

Web: www.pettigrucounseling.com

***^ Piedmont Psychiatric Services**

Provides psychiatric care and psychotherapy services to adults, children, adolescents, and geriatrics.

2094 Woodruff Road, Greenville, SC 29607

Phone: (864) 676-9211

Web: piedmontonline.com

A Place for Counseling and Reconsideration, LLC

Shane Axson, LPC, LAC

Provides mental health and substance abuse counseling for children, adolescents, adults, families, and individuals.

205 W. Main Street, Taylors, SC 29687

Phone: (864) 350-6335

Email shane.axson@gmail.com

Payment: all Medicaid, BCBS, self-pay

^Poinsett Psychiatric Innovations, PA

Provides psychiatric intake evaluation, medical management, neuropsychological testing, and individual and group therapy.

414 Pettigru Street, Suite C, Greenville, SC 29601

Phone: (864) 404-9706

Email: gabriel@psychiatryinnovations.com

Web: psychiatryinnovations.com

^Psychiatry of Greenville

Provides psychiatric evaluation and medication management for adults and adolescents with depression, bipolar, anxiety, eating disorders, psychotic disorders, and ADHD/ADD.

23 Buena Vista Way, Suite B, Greenville, SC 29615

Phone: (864) 315-3736

Web: psychiatryofgreenville.com

^Psycholegal Assessments, LLC

Offers individual, couples, and family counseling, specializing in criminal forensic, clinical, and psychiatric assessment and treatment.

102 Commons Boulevard, Suite C, Piedmont, SC 29673
Phone: (864) 520-8152
Web: psycholegalassessmentsllc.com
Payment: accepts Medicaid

Queen Counseling Services

Provides counseling to individuals, couples, and families, specializing in stress, anxiety, depression, grief, relationships, changes, and parenting.

2 Sevier Street, Suite 2A, Greenville, SC 29605
Phone: (864) 918-6416
Email: josh@queencounselingservices.com
Web: queencounselingservices.com

Reedy River Counseling Associates

Offers evidence-based treatment for a variety of issues including eating disorders, feeding disorder, nutrition, trauma, PTSD, anxiety, depression, bipolar disorders, abuse, ADD/ADHD, and relationships.

1 Chick Springs Road, Suite 103, Greenville, SC 29609
Phone: (864) 626-3696
Web: reedyrivercounseling.com

Renewal Life Counseling, LLC

Offers individual and group therapy, specializing in anxiety, mood disorders, stress, grief, trauma, and relationships.

123 Commons Way, Greenville, SC 29611
Phone: (864) 416-4560
Web: renewallifecounseling.com
Email: info@renewallifecounseling.com
Payment: accepts Medicaid

Reproductive Journey Counseling and Support

Offers individual and couples counseling, specializing in infertility, pregnancy or postpartum distress, pregnancy or infant loss, traumatic childbirth, and adjustment to parenthood.

25 Woods Lake Road, Suite 712, Greenville, SC 29607

Phone: (864) 242-0005

Web: www.reproductivejourney.com

Payment: offers a sliding scale

***^ Richardson Psychiatry**

Provides medication management, supportive therapy, and consultations for children, adolescents, and adults.

119 Manly St, Greenville, SC 29601

Phone: (864) 436-1627

Web: arpsychiatry.com

Riner Counseling, LLC

Provides individual, couples, and group counseling, evaluations, and consultations, specializing in eating disorders, addiction, self-harm, OCD, trauma, ADHD, and career counseling.

1990 Augusta Street, Greenville, SC 29605

Phone: (864) 608-0446

Web: www.rinercounseling.com

Email: drmarycatherine@rinercounseling.com

River Falls Counseling

Offers counseling services for adults, adolescents, couples, and families.

185 Riley Smith Road, Greenville, SC 29615

Phone: (864) 297-5101 ext. 40

Web: sites.google.com/site/riverfallscounseling

Payment: offers a sliding scale

***Riverstone Counseling Center**

Offers child, adolescent, couples, and family counseling.

535 West Butler Road, Suite C, Greenville, SC 29607

Phone: (864) 412-8611

Email: contactus@riverstonefamily.com

Web: www.riverstonefamily.com

Payment: accepts Medicaid

Ross A. Collins, MS, LPC, NCC

Offers individual, couples, and family counseling, specializing in relational difficulties, and adjustment disorders.

250 South Pleasantburg Drive, Greenville, SC 29607

Phone: (864) 380-5231

Web: www.rossacollins.com

† Safe Harbor

Offers services to victims of domestic violence including emergency shelter, counseling and case management, assistance with orders of protection, and transitional housing.

429 North Main Street, Greenville, SC 29601

Phone: (864) 467-1177

24-Hour Crisis Line: 1 (800) 291-2139

Web: www.safeharborsc.org

***^ Sherbondy's Psychiatric Solutions**

Offers psychiatric and therapeutic services including addiction, medication management, and individual, marriage, family, and play therapy.

225 Adley Way, Greenville, SC 29607

Phone: (864) 987-9747

Email: sherbondys@sherbondyspsychiatric.com

Web: sherbondyspsychiatric.com

^ South Carolina Psychiatric Group

Offers medication management, clinical evaluations for psychiatric disorders, and opioid dependence treatment.

68 Parkway Commons Way, Greer, SC 29650

Phone: (864) 877-5688

Web: www.scpsychiatricgroup.com

Payment: accepts Medicaid

***Springbrook Autism Behavioral Health**

Offers residential and outpatient therapeutic and supportive services to children and adolescents with autism, including occupational therapy, medication management, and clinical and recreational therapy.

1 Havenwood Lane, Suite B, Travelers Rest, SC 29690

Phone: (864) 834-8013

Email: admissions@springbrookbhs.com

Web: springbrookautismbehavioral.com

***^ Stephens Psychiatry**

Provides psychiatric evaluations and treatments for children, adolescents, and adults.

509 Pettigru Street, Greenville, SC 29601

Phone: (864) 520-1133

Web: www.stephenspsychiatry.com

***Still Wind Ministries**

Offers Christian counseling services for children, adults, adolescents, couples, and families, specializing in adoption, trauma, abuse, neglect, and animal-assisted therapy.

111 Lovett Drive, Greenville, SC 29607

Phone: (864) 234-1150

Web: www.stillwindministries.org

Suntia Smith, MSW, LISW-CP

Provides individual, couples, and family counseling, including for members of the LGBT community.

3445 Pelham Road, Suite B, Greenville, SC 29615

Phone: (864) 559-8181

Web: www.suntiasmith.com

Payment: accepts Medicaid except for marriage counseling or virtual coaching

***^ The Brewer Center for Psychiatry and Counseling**

Offers individual, couples, and family therapy, and psychiatric services for children, adolescents, and adults.

121 Interstate Boulevard, Suite 2-A, Greenville, SC 29615

Phone: (864) 297-4275

Web: www.brewercenter.com

^ The Carolina Center for Behavioral Health

Offers treatment for teens, adults, and seniors with psychiatric and substance abuse disorders, and dual-diagnosis.

2700 East Phillips Road, Greer, SC 29650

Phone: (864) 235-2335

Web: www.thecarolinacenter.com

The Cottage Counseling

Offers counseling for adolescents and adults, specializing in eating disorders, anxiety, depression, OCD, and life transitions.

710 Pettigru Street, Greenville, SC 29601

Phone: (864) 631-1035

Web: thecottagecounseling.com

† The Journey Home

Counseling for women, specializing in anxiety, depression, grief, emotional problems, abuse, change, and personality disorders.

710 Pettigru Street, Greenville, SC 29601

Phone: (864) 855-3231

Web: www.thejourneyhomellc.com

***† The Julie Valentine Center**

Provides free, confidential services for sexual assault/child abuse survivors and their families, including child advocacy therapy, forensic interviews, rape crisis services, and adult therapy.

2905 White Horse Road, Greenville, SC 29611

Phone: (864) 331-0560

24/7 Crisis Hotline: (864) 467-3633

Web: www.julievalentinecenter.org

Thomas E. Thorsheim, PhD

Offers individual, couples, family, and group therapy and psychological assessment, specializing in anxiety, OCD, depression, grief, and addiction.

1326 Haywood Road, Suite 102, Greenville, SC 29615

Phone: (864) 421-0098

Web: www.drthorsheim.com

Three Springs DBT Group of Greenville County, LLC

Provide Dialectical Behavioral Therapy (DBT) to adolescents and adults, which is useful for clients with bipolar disorder, depression, anxiety, PTSD, or OCD.

14 Manly Street, Greenville, SC 29601

Phone: (864) 242-5551

Web: www.3springsdbt.com

† Touchstone Counseling and Coaching

Offers counseling for individuals, couples, families, and groups, specializing in depression, anxiety, bipolar disorder, sexual abuse, domestic violence, grief, and stress.

105 Commons Way, Greenville, SC 29611

Phone: (864) 451-2258

Email: giovanna@touchstone-counseling.org

Web: touchstone-counseling.org

Payment: accepts Medicaid. Reduced fee services are available.

Travelers Rest Counseling Associates, LLC

Offers individual and family therapy, couples counseling, and parent education.

128 South Main Street, Travelers Rest, SC 29690

Phone: (864) 606-3583

Web: travelersrestcounseling.com

Payment: some associates offer a sliding scale

UPlift Counseling Services, LLC

Offers individual therapy to adolescents and adults, specializing in OCD, coping, depression, anxiety, bipolar disorder, social skills, relationships, and family dynamics.

400 South Main Street, Suite C, Mauldin, SC 29662

Phone: (864) 458-8176

Web: www.upliftcounselingllc.com

Upstate Family Solutions, LLC

Offers counseling for individuals, couples, and families, specializing in relationships, depression, anxiety, abuse, divorce, grief, and trauma.

107 Sunbelt Court, Greer, SC 29650

Phone: (864) 354-5957

Email: amywoodmft@gmail.com

Web: upstatefamilysolutions.com

***Wellspring Counseling**

Offers counseling for children, adults, adolescents, couples, and families.

152 Milestone Way, Suite B, Greenville, SC 29615

Phone: (864) 214-2084

Email: info@wellspringgreenville.com

Web: wellspringgreenville.com

SPARTANBURG COUNTY

REHABILITATION

^ BHG Spartanburg Treatment Center

Specializes in opioid treatment through Medication-Assisted Treatment (MAT) and addiction counseling.

239 Access Road, Spartanburg, SC 29303

Phone: (864) 503-0207

Web: spartanburg.bhgrecovey.com

Payment: accepts month-to-month

Medicaid, cash, deposit

Celebrate Recovery / Hope Church

A Christ-based approach to addiction recovery.

102 John Dodd Road, Spartanburg, SC 29303

Phone: (864) 497-4642

Email: lhilstock@yahoo.com

Web: <https://bit.ly/3j9ohBZ>

Faith Home Inc. Christian Rehabilitation for Alcoholics & Addicts

Provides rehabilitation for individuals with a substance abuse addiction.

Women's Facility: 309 Washington Street, Abbeville, SC 29620

Email: info@faithhomegwd.net

Men's Facility: 144 Faith Home Road, Greenwood, SC 29649

Men's Facility: 180 Battleground Road, Cowpens, SC 29330

Phone: (864) 223-0694
Email: faithhomegwd@msn.com
Web: www.faithhomegwd.net

FAVOR Spartanburg

Offers free addiction recovery coaching services and peer support groups.

Episcopal Church of the Advent

141 Advent Street, Spartanburg, SC 29302

Phone: (864) 940-1136

Email: favor@favorspartanburg.org

Web: favorgreenville.org

GoForth Recovery

Offers housing and a structured environment that allows alcoholics and addicts to recover.

P.O. Box 6560, Spartanburg, SC 29304

Email: info@goforthrecovery.com

Web: goforthrecovery.com

Mel-Med

Medication-assisted recovery for alcohol, opiates, and tobacco recovery.

1451 East Main Street, Suite 2A, Spartanburg, SC 29307

Phone: (864) 586-3979

Email: fritscheme@Mel-Med.com

Web: Mel-Med.com

Payment: does not file insurance. Superbill provided for patient insurance filing.

Palmetto Carolina Treatment Center, LLC

Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.

325 Inglesby Parkway, Unit F, Duncan, SC 29334

Phone: (864) 433-8443

Web: carolinatreatmentcenters.com

Payment: accepts Medicaid

The Forrester Center for Behavioral Health

Provides adult and adolescent counseling and support services for substance use/abuse. First-come, first-serve with ID. No walk-ins. Outpatient basis.

187 W. Broad Street, Spartanburg, SC 29306

Phone: (864) 582-7588

Hours: Mon-Thurs. 8:30-2 p.m.

Web: theforrestercenter.org

Payment: accepts Medicaid, BCBS, and insurance that would pay for outpatient services and payment plans.

SUPPORT SERVICES

Access Health Spartanburg

Designed to be a link between the uninsured and local health professionals and guides eligible clients to a medical home.

501 Howard St., Suite B, Spartanburg, SC 29302

Phone: (864) 560-0190

Web: accesshealthspartanburg.org

Payment: free to residents of Spartanburg, Cherokee, and Union Counties at or below 150% of the Federal Poverty Level

Alzheimer's Association

Provides advocacy, education, and support for people living with Alzheimer's and all those impacted by Alzheimer's including caregivers.

901 South Pine Street, Spartanburg, SC 29302

Phone: (864) 542-9998

Web: www.alz.org/sc

***Family Connection of SC**

Family supports and trainings for families with a member that has a disability.

249 North Grove Medical Park Drive, Suite 200, Second floor,
Spartanburg, SC 29303

Phone: 1-800-578-8750

Email: info@familyconnectionsc.org

Web: www.familyconnectionsc.org

Mental Health America—Spartanburg

Provides advocacy and education about mental illness as well as customized training programs and some support services.

Phone: (864) 345-0014

Email: info@mhaspartanburg.org

Web: mhaspartanburg.org

NAMI Spartanburg

Provides free education, support groups, and advocacy to people with a mental illness and their families.

Phone: (864) 591-3501

Email: office@namispartanburgsc.org

Web: www.namispartanburgsc.org

New Day Clubhouse

Provides employment services, housing, and day program for individuals with persistent mental illness. Masks required. Temperature will be taken.

325 South Church Street, Spartanburg, SC 29306

Phone: (864) 582-5431

Web: www.newdayclubhouse.com

Payment: accepts Medicaid

ReGenesis Community Health Center

Provides quality health care to our community.

Administration / Medical Offices: 460 Langdon Street, Spartanburg, SC 29306

Phone: (864) 582-2411

Scheduling line: (864) 670-9415

Pediatrics/Teen Center & Pharmacy: 750 South Church Street, Spartanburg, SC 29306

Woodruff Office: 220 Irby Street, Woodruff, SC 29388

Web: www.myrhc.org

Payment: accepts Medicaid, Medicare, and offers affordable options based on need and income

SC Vocational Rehabilitation Department

Helps eligible South Carolinians with disabilities and maintain or help seek employment.

353 South Church Street, Spartanburg SC 29306

Phone: (864) 585-3693

Web: www.scvrd.net

Upstate Warrior Solution

Serving Veterans, Military members, First Responders, and their Families in Upstate SC.

101 West. St. John St, Suite 17, Spartanburg, SC 29306

Phone: (864-520-2073

Email: info@upstatewarriorsolution.org

Web: upstatewarriorsolution.org

THERAPY

Almost Perfect Counseling

Specializes in adolescents through adults, individuals, couples, families, anxiety, depression, life changes, anger management and substance misuse. Telehealth available.

1714 Boiling Springs Road, Boiling Springs, SC 29316

Phone: (864) 415-5068

Web: almostperfectcounseling.com

Email: almostperfectconsulting@gmail.com

Anchoring Within, LLC

153 North Spring Street, Spartanburg, SC 29306

Web: anchoringwithin.com

Ashley Kemp Counseling, LLC

Specializes in ages 15-65, depression, anxiety, trauma, CBT, DBT, and EMDR.

707 East Main Street, Spartanburg, SC 29302

Phone: (864) 932-3215

Email: atr Kemp@gmail.com

*** BestMinds Pediatric and Adolescent Mental Health**

Offers medication management, parent education, skills building, and psychosocial support. The provider works in collaboration with other care providers such as your primary care provider and therapist.

187 North Church Street, Ste 304, Spartanburg, SC 29306

Phone: (864) 415-8827

Email: charlottedavis@bestmindspeds.com

Web: www.bestmindspeds.com

Payment: accepts Medicaid

Be Well Counseling

Specializes in anxiety, depression, grief, and wellness

561 East Main Street, Spartanburg, SC 29302

Phone: (864) 266-4339

Web: bewellcounselingsc.com

Payment: sliding scale

Candace D. Cathcart, LLC.

C&C Counseling Associates

Specializes in adults and adolescents, individuals, couples, families and grief, anxiety, self-esteem, and depression issues.

364 South Pine Street, Suite B-240, Spartanburg, SC 29302

Phone: (864) 381-7803

Web: candacedcathcartllc.com

*** Dr. Caleb Loring**

Provides therapeutic services for children, adolescents, and adults as well as psychological testing for adults and children.

324 East Saint John Street, Spartanburg, SC 29302

Phone: (864) 641-6979

Web: drcalebloring.com

† Children's Advocacy Center of Spartanburg, Cherokee, & Union

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

100 Washington Place, Spartanburg, SC 29302

Phone: (864) 515-9922, ext. 112

Web: cacsp.org

Denise Levereaux, MSW

Specializes in adults, individuals, trauma, PTSD, anxiety and depression, work stress, divorce, family conflicts, and social stressors. Teletherapy available.

1953 Old Reidville Road, Spartanburg, SC 29301

Phone: (864) 680-0495

Web: dltherapy.com/

***Elena Mendez Counseling**

Specializes in Asperger/high functioning Autism issues, children, adolescents, adults, individuals, couples, and families. Offers telemedicine.

2165 Chesnee Highway, Spartanburg, SC 29303

Phone: (864) 237-5961

Web: elenamendezcounseling.com

Payment: offers a sliding scale

***EMERGE Family Therapy Center & Teaching Clinic**

Provides individual, couples, and family counseling for children, teens, and adults. Teletherapy offered.

138 Dillon Drive, Spartanburg, SC 29307

Phone: (864) 583-1010

Web: www.emergeftc.org

Payment: offers a sliding scale

Envision Counseling

Specializes in treating individuals, couples and families and offers comprehensive services dealing with: Anxiety, Depression, Anger, Relationships, Work/Life Balance and more.

3211 Reidville Road, Suite C, Spartanburg, SC 29301

Phone: (864) 591-3501

Email: info@ecsweb.org

Web: ecsweb.org

Eubanks Peer Support Living Room

A safe space where individuals can find support and resources to prevent a behavioral health crisis. By appointment.

358A Serpentine Drive, Spartanburg, SC 29303

Phone: (864) 591-3501

Family Builders Counseling Services

Offers individuals, couples, families, children, teenagers, and adults the opportunity to achieve their goals through the counseling process.

3600 Boiling Springs Road, Boiling Springs, SC 29316

Phone: (864) 699-3446

Email: kevin.cooksey@familybuilderscounseling.com

Web: familybuilderscounseling.com

Payment: accepts Medicaid

Full Circle Counseling

Specializes in ages 6+, adults, anxiety, bipolar, depression, substance abuse, parenting, marital issues

199 Spartanburg Highway, Lyman, SC 29365

Phone: (864) 559-8944

Payment: accepts Medicaid

***Gateway Children's Mental Health Services**

Specializes in children and adolescents (ages birth to 18), offering general practice.

397 Serpentine Drive, Suite B, Spartanburg, SC 29303

Phone: (864) 406-6041

Email: referrals@gatewaychildrens.com

Web: www.gatewaychildrens.com

Payment: accepts Medicaid

***Ginger Church, LPC-I**

Specializes in teens, depression, anxiety, and divorce issues.

561 East Main Street, Spartanburg, SC 29302

Phone: (864) 909-0604

Payment: offers a sliding scale

H&W Enterprises (Health and Wellness Outpatient Practice)

Provides individual, family, group and medication therapy.

1524 John B. White Sr. Boulevard, Suite 6, Spartanburg. SC 29301

Phone: (864) 586-3300

E-mail: awofford@healthandwellnessofsc.com

Web: hwenterprises.org

***HALTER Therapeutic Riding Center**

Halter Horses enhances the lives of children with challenges through equine assisted activities. Call for information.

P.O. Box 1403, 1400 Carolina Club Rd, Spartanburg, SC 29302

Phone: (864) 586-1671

Email: office@haltersc.com

Web: www.haltersc.org

Payment: offers scholarships

*** Hart to Heart Therapy**

Specializes in children, adolescents, adults, couples and families, grief, trauma, crisis care, abuse/neglect, anxiety, depression, and spiritual care. Telehealth available.

101 North Pine Street, Suite 210, Spartanburg, SC 29302

Phone: (864) 920-1202

Email: info@aliciahart.net

Web: www.aliciahart.net

Healing Solutions, LLC

Offers individual, couples, and family counseling services. Telehealth available.

340 East Main Street, Suite 102, Spartanburg, SC 29302

Phone: (864) 707-2167

Email: healingsolutions@hscg.com

Web: healingsolutionscounseling.com

Payment: accepts Medicaid

***In Step Counseling**

Specializes in ages 8-35, adolescents, and young adults.

175 Magnolia Street, Suite 106, Spartanburg, SC 29306

Phone: (864) 310-6776

Email: instepcounseling@gmail.com

Payment: accepts most Medicaid and some private insurance

Inner World Counseling

Specializes in anxiety, depression, pregnancy, prenatal, and postpartum.

1425 John B. White Sr. Boulevard, Spartanburg, SC 29306

Phone: (770) 262-9293

Payment: offers a sliding scale

Janet Barnes McConnell Counseling

Specializes in individuals and couples with relationship problems, adult survivors of childhood sexual abuse, and sexual intimacy issues. Online or via phone.

157 Hall Street, Spartanburg, SC 29302

Phone: (864) 474-5695

Jessica Loving Counseling, LLC

Specializes in depression, anxiety, and PTSD.

601 West Main Street, Spartanburg, SC 29301

Phone: (864) 706-6832

Payment: accepts Medicaid

JM Skinner-Johnson, LISW-CP

Specializes in individuals and children, families, anxiety, trauma, attachment struggles, depression, adjustment issues, and EMDR. Telehealth provider.

601 West Main Street, Spartanburg, SC 29301

Phone: (864) 513-4265

Payment: accepts Medicare, out-of-network, BCBS, ETNA, and Humana

***JoAnn Smith, MDiv, LMFT, LPC**

Specializes in children, adolescents, adults, couples, trauma survivors, addiction, dissociative personality disorder, and spirituality.

331 Bryant Road, Spartanburg, SC 29303

Phone: (864) 977-8120

Payment: accepts Medicaid

Kim Minnick, LISW-CP, MAC

Specializes in ages 11+, tweens, teens and young adults, adults, couples, addictions, mood disorders, and women's issues. Certified IMAGO relationship counselor. Brain-spotting trained.

561 East Main Street, Spartanburg, SC 29302

Phone: (864) 363-0063

Payment: accepts BCBS, Blue Choice, PAI, SRMC

Latrice Williams, MA, LPC

Specializes in depression, anxiety, trauma, and PTSD

340 East Main Street, Spartanburg, SC 29302

Phone: (864) 501-5693

Payment: offers a sliding scale

Life Changing Solutions Group, LLC

Specializes in ages 12+, depression, bipolar, addiction, grief, trauma

269 South Church Street, Spartanburg, SC 29306

Phone: (864) 316-0191

***Living Stones Family Services**

Offers individual therapy using cognitive approach, specializing in trauma, grief, depression, child therapy, sexual abuse, and anger.

101 North Pine Street, Suite 303, Spartanburg, SC 29302

Phone: (864) 586-5353

Payment: accepts Medicaid

Lori Ivey, LPC

Specializes in depression, anxiety, bipolar disorder, marital and family issues as well as works with LGBTQ and transgender population.

127 Metro Drive, Spartanburg, SC 29303

Phone: (864) 397-8056

Email: loriivey18@gmail.com

Payment: accepts Signa, Beacon Health, UMR, and different EAP plans and can connect to others

Magnolia Counseling Associates

Provides therapy specializing in trauma, bipolar disorder, depression, anxiety and eating disorders, and behavioral problems.

811 East Main Street, Suite B1, Spartanburg, SC 293062

Phone: (864) 583-5969

Web: www.magnoliacounseling.net

^Medical Group of the Carolinas - Psychiatry

Provides psychiatric care for patients 18+.

391 Serpentine Drive, Suite 400, Spartanburg, SC 29303

Phone: (864) 560-7517

Web: www.spartanburgregional.com/locations/medical-group-carolinas-psychiatry

Payment: accepts Medicaid

Middle Tyger Community Center

Provides counseling services, financial assistance for District 5 residents, and additional community services and supports.

84 Groce Road, Lyman, SC 29365

Phone: (864) 439-7760

Web: www.middletyger.org

Payment: offers a sliding scale

Modern Wellness Family Counseling

Offers counseling for new mothers, couples, and families as well as individual and play therapy.

945 East Main Street, Suite 5, Spartanburg, SC 29302

Phone: (864) 383-9002

Email: admin@modernwellness.hush.com

Web: modernwellnessfamilycounseling.com

Payment: accepts Medicaid and BCBS

Monique Watson, LPC, NBCC, MAC, CACII

Balancing Act Coaching & Consulting, LLC

Specializes in individuals, couples, families, addictions, coaching, and weight management.

101 North Pine Street, Suite 303, Spartanburg, SC 29302

Phone: (864) 205-7660

***New Beginnings Counseling Services**

Specializes in ages 6+, children and families, couples, anxiety, depression, ADHD, ADD, trauma, relationship issues, and military/veteran support.

145 North Church Street, Suite 103, Spartanburg, SC 29306

Phone: (864) 266-3393

Payment: accepts Medicaid

***New Horizons Counseling**

Provides individual, couple, and family therapy to individuals, couples, children, and families as well as parenting and adolescent and teen group therapies.

1714 Boiling Springs Road, Boiling Springs, SC 29316

Phone: (864) 764-1007

Web: newhorizonscounselingsc.com

North Grove Counseling Associates

Offers individual, couples, and children, only sees ages 16 and older Files adoption subsidy if someone adopted through DSS.

240 North Grove Medical Park Drive, Spartanburg SC 29303

Phone: (864) 699-9213

Web: northgrovecounseling.com

***Palmetto Counseling and Play Therapy**

Provides individual, child, and play therapy services

811 East Main Street, Suite B-1, Spartanburg, SC 29301

Phone: (864) 542-7140

Payment: offers a sliding scale

Palmetto Family Enrichment Center, P.C.

Provides psychological services to the Upstate SC community, including counseling, educational testing, memory/cognitive assessments, and court-ordered psychological evaluations.

1330 Boiling Springs Road, Suite 2800, Spartanburg, SC 29303

Phone: (864) 573-6908

Email: melody@palmettofamily.com

Web: palmettofamily.com

Pathways Pastoral Counseling

Provides individual and family therapy and can support families struggling through chronic illness and cancer.

400 Dupre Drive, Spartanburg, SC 29307

Phone: (864) 542-3019

Web: www.pathwayspc.com

Payment: accepts Medicaid

Piedmont Care, Inc.

Provides treatment and support services to people living with HIV/AIDS and HIV prevention services such as HIV testing, condom distribution, and education.

101 North Pine Street, Suite 200, Spartanburg, SC 29302

Phone: (864) 582-7773

Web: www.piedmontcare.org

***Project Hope**

Offers ABA therapy and other services for children and adults with autism and their caregivers.

200 Elford Court, Spartanburg, SC 29306

751 East Georgia Street, Woodruff, SC 29388

51 Cavins Road, Woodruff, SC 29388

Phone: (864) 676-0028

Email: clients@projecthopesc.org

Web: www.projecthopesc.org

Payment: accepts Medicaid

Recreating Positive Living, LLC

Offers counseling services to individuals and families. Licensed in substance abuse.

2375 East Main Street, Suite A105, Office 102, Spartanburg, SC 29307

Phone: (864) 415-8640

***Renaissance Therapy & Forensic Counseling Center**

Offers psychotherapy, mental health counseling, anger management, family therapy, adolescents, group therapy, CBT, DBT, crisis intervention, behavioral health, drugs and alcohol, conflict resolution, social services, life transitions, self-esteem, clinical supervision, stress management, case management, and mindfulness.

3 Bishop St., Suite 201, Inman, SC 29349
Phone: (864) 708-3770
Email: cherylhaman@rentherapy1090.net
Web: renaissancetherapy.weebly.com

Rooted Wings, LLC

Specializes in trauma, PTSD, selective mutism, survivors of narcissistic parents or partners, women's issues, gender identity, religious/spiritual issues, anxiety, depression, relationship issues, and LGBTQ. Telehealth available.

191 Memorial Drive, Pacolet, SC 29372-2255

Phone: (864) 398-9322

Email: sljacksonlpc@gmail.com

Web: rootedwingssc.com

Payment: accepts Medicaid, BCBS, and employee assistance programs

***River Rock Therapy**

Specializes in children and teens, anxiety, trauma, and grief

175 Magnolia Street, Suite 101, Spartanburg, SC 29306

Phone: (864) 809-3516

Ruth C. Compton, MEd, LPC

Offers video and phone sessions.

707 East Main St.

Spartanburg, SC 29302

Phone: (864) 832-0011

Ruth C. Compton, LPC-I

Provides group, individual, and play therapy and often uses CBT.

707 East Main Street, Spartanburg, SC 29302

Phone: (864) 316-5910
Email: ruthcompton6@gmail.com
Web: www.ruthcompton.com

† SAFE Homes

Offers resources and counseling services for victims of domestic violence and sexual assault.

236 Union Street, Spartanburg, SC 29302
Phone: (864) 583-9803
Email: shrcc@aol.com
Web: www.shrcc.org

St. Luke's Free Medical Clinic

Offers free quality health care to uninsured Spartanburg County residents.

162 North Dean Street, Spartanburg, SC 29302
Phone: (864) 542-CARE
Email: info@slfmc.org
Web: www.slfmc.org

***Shannon Rogers Therapy**

Specializes in children, adolescents, and their families with a variety of challenges.

324 East Saint John Street, Suite F, Spartanburg, SC 29302
Phone: (864) 278-0070
Web: shannonrogerstherapy.com

Skylyn Counseling

Specializes in therapy for depression and anxiety, couples, family, and grief counseling, parenting support, work and career issues, stress management, and conflict resolution.

503 West 2nd Street, Spartanburg, SC 29301

Phone: (864) 585-5010

Email: landa@skylyncounseling.com

Web: www.skylyncounseling.com

***Spartanburg Area Mental Health**

Offers peer support, adult therapy, hospital and jail liaisons, school-based mental health, early intervention, therapy, psychiatric, psychiatric nurse, and deaf services.

250 Dewey Avenue, Spartanburg, SC 29303

Phone: (864) 585-0366

24-Hour Emergency On-Call Spartanburg: (800) 277-1366

Email: contact@sparmhc.org

Web: www.sparmhc.org

Susan Lea, LMFT, CAMS II

Offers counseling and mental health services for adults, clinical supervision for LMFT Associates and graduate students, and specialty services for anger management. AAMFT Approved Supervisor Candidate.

101 North Pine Street, Spartanburg, SC 29302

Phone: (864) 406-5774

Email: susanleatherapy@gmail.com

Web: susanleatherapy.com

Payment: accepts selected insurances and self-pay

Trinity Place, LLC

Offers individual and family counseling, specializing in LGBT and transgender individuals. Telehealth available.

236 Union Street, Suite 2, Spartanburg, SC 29302

Phone: (864) 612-2990

***Turning Leaves Center**

Specializes in trauma and PTSD, anxiety, and children and adolescents.
Offers video and phone sessions.

601 West Main Street, Spartanburg, SC 29301

Phone: (864) 707-3903

WellSource Counseling, LLC

Specializes in self-esteem, anxiety, and relationship issues. Offers telehealth.

101 North Pine St., Suite 210, Spartanburg, SC 29302

Phone: (864) 990-4324

Web: wellsourcecounseling.org

Payment: accepts insurance and offers a sliding scale

Winzai Amadi Counseling Services

Offers individual and family therapy as well as suboxone treatment.

101 B-2 Regency Commons Drive, Greer, SC 29650

Phone: (864) 655-4002

Payment: accepts Employee Assistance Programs

UNION COUNTY

REHABILITATION

Union County Commission on Alcohol and Drug Abuse

Provides adult and adolescent counseling and support services for substance use/abuse.

201 South Herndon Street, P.O. Box 844, Union, SC 29379

Phone: (864) 429-1656

Payment: accepts Medicaid

SUPPORT SERVICES

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

131 North Main Street, Jonesville, SC 29353

Phone: (864) 475-5000

Web: www.scvrd.net

THERAPY

*** ^ Union Mental Health Center**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

130 Medical Sciences Drive, Union, SC 29379

Phone: (864) 427-1224

24-Hour Emergency On-Call Services: 1(800) 277-1366

Deaf/Hard of Hearing after hours contact: deafhotline@scdmh.org

Payment: accepts Medicaid, offers a sliding scale